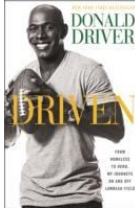


Ten Years Later: Six People Who Faced Adversity and Transformed Their Lives by Hoda Kotb with Jane Lorenzini (155.240922 KOT) The Today show co-anchor shares the inspirational stories of six individuals who persevered and thrived in the face of devastating life challenges.

Driven: From Homeless to Hero, My Journeys On and Off Lambeau Field by Donald Driver (796.332 DRIVER DRI) Driver recalls what it was like to go from living in a U-Haul trailer with his mom on the streets of Houston to earning a spot on the Packers roster.



Solitary: Unbroken by Four Decades in Solitary Confinement: My Story of Transformation and Hope by Albert Woodfox (B WOODFO ALBERT) This is the true story of a man who served more than four decades in solitary confinement—in a 6-foot by 9-foot cell, 23 hours a day, in notorious Angola prison in Louisiana—all for a crime he did not commit.

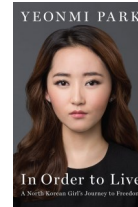


The Country Nurse Remembers: True Stories of a Troubled Childhood, War, and Becoming a Nurse by Mary J. MacLeod (610.73 MAC) Narrating

from the perspective of the child she was but with the understanding and empathy of the nurse and mother she became, the author reflects on her difficult childhood of losing her mother at age 5 and living through the air raids and blackouts of WWII.

Endurance by Alfred Lansing (919.8904 LAN) Account of British polar explorer Sir Ernest Shackleton's epic adventure to the South Atlantic and the first crossing of the Antarctic continent. Half a continent away from its intended base, the ship Endurance was crushed in the ice. For five months, Shackleton and his men were castaways in one of the most savage regions of the world.

In Order to Live by Yeonmi Park (B PARK YEONMI) Park has told the harrowing story of her escape from North Korea as a child many times, but never before [now] has she revealed the most intimate and devastating details of the repressive society she was raised in and the enormous price she paid to escape



Grandma Gatewoods Walk: The Inspiring Story of the Woman Who Saved the Appalachian Trail by Ben Montgomery (B GATEWO EMMA) Emma Gatewood told her family she was going on a walk and left her small Ohio hometown with a change of clothes and less than two hundred dollars. Grandma Gatewood, as the reporters called her, became the first woman to hike the entire Appalachian Trail alone, as well as the first person--man or woman--to walk it three times.

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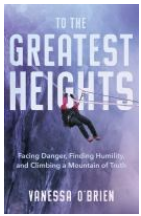
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APRIL 2024

True Stories of Strength and Overcoming Challenges





To the Greatest Heights: Facing Danger, Finding Humility, and Climbing a Mountain of Truth by Vanessa O'Brien (796.522092 OBR) A woman overcomes a traumatic childhood, grows successful

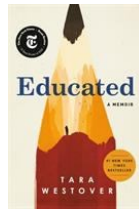
in the business world, and ends up becoming an accomplished mountaineer and skier.

The Glass Castle by Jeannette Walls (B WALLS JEANNE)

The child of an alcoholic father and an eccentric artist mother discusses her family's nomadic upbringing, during which she and her siblings fended for themselves while their parents outmaneuvered bill collectors and the authorities.

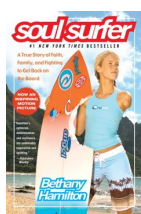
Educated by Tara Westover (B WESTOV TARA)

Born to survivalists in the mountains of Idaho, Tara Westover was seventeen the first time she set foot in a classroom.



I am Malala by Malala Yousafzai (B YOUSAF MALALA)

When the Taliban took control of the Swat Valley, one girl spoke out. Malala Yousafzai refused to be silenced and fought for her right to an education. On Tuesday October 9, 2012, she almost paid the ultimate price.



Soul Surfer by Bethany Hamilton (YA 797.32 HAMILT HAM)

Bethany Hamilton, a teenage surfer lost her arm in a shark attack off the coast of Kauai, Hawaii. Not even the loss of her arm keeps her from returning to surfing, the sport she loves.

Life Without Limits by Nick Vujicic (248.86 VUJ) Born without arms or legs, Nick Vujicic overcame his disability to live not just independently but a rich, fulfilling life, becoming a model for anyone seeking true happiness.

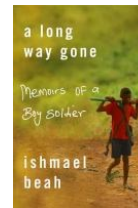
Brain on Fire: My Month of Madness by Susannah Cahalan (616.832 CAH) The story of twenty-four-year-old Susannah Cahalan and the life-saving discovery of the autoimmune disorder that nearly killed her—and that could perhaps be the root of "demonic possessions" throughout history.

Long Walk to Freedom: The Autobiography of Nelson Mandela (B MANDEL NELSON)

After his triumphant release in 1990 from more than a quarter-century of imprisonment, Mandela was at the center of the most compelling and inspiring political drama in the world.

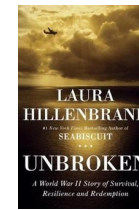
A Long Way Gone: Memoirs of a Boy Soldier by Ishmael Beah (B BEAH ISHMAE)

A human rights activist offers a firsthand account of war from the perspective of a former child soldier, detailing the violent civil war that wracked his native Sierra Leone and the government forces that transformed a gentle young boy into a killer as a member of the army.



Maid : hard work, low pay, and a mother's will to survive by Stephenie Land (B LAND STEPHA)

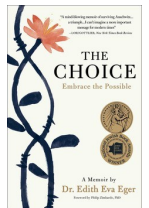
A journalist describes the years she worked in low-paying domestic work under wealthy employers, contrasting the privileges of the upper-middle class to the realities of the overworked laborers supporting them.



Unbroken by Laura Hillenbrand (940.547252 HIL) In 1943, an Army Air Forces bomber crashed into the Pacific Ocean and disappeared... Then, on the ocean surface, a face appeared—Lt. Louis Zamperini. Captured by the Japanese and driven to the limits of endurance, he would answer desperation with ingenuity, and suffering with hope, resolve, and humor.

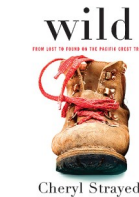
The Choice: Embrace the Possible by Edith Eger (E EGER EDITH)

A powerful, moving memoir, and a practical guide to healing, written by Dr. Edie Eger, an eminent psychologist whose own experiences as a Holocaust survivor help her treat patients suffering from traumatic stress disorders.



Wild: From Lost to Found on the Pacific Crest Trail by Cheryl Strayed (B STRAYE CHERYL)

A powerful, blazingly honest, inspiring memoir: the story of a 1,100 mile solo hike that broke down a young woman reeling from catastrophe--and built her back up again.



Born a Crime: Stories from a South African Childhood by Trevor Noah (B NOAH TREVOR)

This is an autobiographical comedy book written by South African comedian Trevor Noah. The book focuses on Noah's childhood growing up in South Africa after he was born of an illegal interracial relationship during the apartheid era.

